Richmond Behavioral Health fearlessly champions the health, wellness, and recovery of individuals and families in our community. Our vision is to create an inclusive, healthy community where individuals have the courage to believe in a better tomorrow and are inspired to reach their highest potential.





#### **RBHA Contact Information:**

#### **Address**

107 S. 5th Street Richmond, VA 23219

#### **Phone**

804-819-4000

#### Website

www.rbha.org

#### **Email**

info@rbha.org





RAPID ACCESS (804) 241-9621

Monday - Friday 8am - 2pm

If you are experiencing a psychiatric emergency, call our CRISIS line at 804-819-4100.

RBHA Rapid Access is your first step to getting treatment for mental health or substance use. Whether you're an adult or a parent or guardian, we can help you start on the journey to wellness quickly and easily – because you deserve a chance to have a secure, happy, and fulfilling life.

# Getting help starts with an assessment.

With Rapid Access, you'll start by meeting with a clinician for an assessment. This clinician will ask questions about your history, current symptoms, and preferences. All of this information will help us determine what treatment service(s) will be most helpful for you.



Call us today to use the services of Rapid Access. 804-241-9621

Together, we are fearless.

### Case Management: helping you tap into the many services of RBHA.

## Examples of services recommended could include:

Psychiatric services and medication management
School-based services
Outpatient psychotherapy
Medication Assisted Treatment (MAT)
Withdrawal Management
Substance use residential treatment
Substance use intensive outpatient
treatment
Intensive Care Coordination (ICC) for youth & families
Parent Child Interaction Therapy

Trauma-Focused Cognitive
Behavioral Therapy (TF-CBT)
Primary medical care
Pharmacy services
Recovery support groups
Psychological testing
Mental Health Skill Building
Psychosocial rehabilitation (Marshall Center)

(PCIT)

Multi-Systemic Therapy (MST) for adolescents

Referral for developmental services